

## Cauliflower Rice Tabbouleh With Teriyaki Cashews Recipe

### Ingredients

- 1/2 small cauliflower
- 3 handfuls of mixed lettuce
- 3 handfuls of cherry tomatoes, halved
- 1 handful of alfalfa sprouts
- 1 medium cucumber, cubes
- Extra virgin olive oil + coconut vinegar (or apple cider vinegar) + black pepper
- 1 ripe avocado, slices
- 1 large handful of cashews



### Instructions

1. Cut the cauliflower into small pieces. Place them in a food processor with an S-shaped knife and mix them briefly into 'cauliflower rice' with the pulse button
2. Mix the finely chopped cauliflower in a bowl with the cherry tomatoes, the cucumber, the leaf green and the shoots
3. Season with black pepper, extra virgin olive oil and coconut vinegar
4. Serve the tabbouleh with avocado and teriyaki cashews for extra flavor and healthy fats