

Cashew Yogurt Recipe

Ingredients

- 1 cup raw cashews, soaked overnight, drained
- 1 tsp. lemon juice
- ¼ tsp. salt
- 2 tsp. honey or agave syrup (nectar), plus more for serving
- Chopped fruit and toasted nuts and/or seeds (for serving)

Instructions:

- Purée cashews, lemon juice, salt, and 2 tsp. honey in a blender. With the motor running, stream in ½–⅔ cup water until smooth and the cashews are a similar texture to yogurt.
- Transfer to a medium bowl. Top with fruit and/or nuts, then drizzle with honey.

